



- 1) Note whether you need to reverse the appliqué design or not (no need for heart)
- 2) Fold design in half length and width wise to find center of appliqué (heart)
- 3) Tape to glass/tracing area
- 4) 11" square of background fabric, fold in half length and width wise to find center, place wrong side up on paper pattern matching fold lines. Tape down to avoid shifting.
- 5) Trace to the back of your background with a pencil (will be your machine stitching lines!)
- 6) Center an 8" square of the heart fabric you want to be the appliqué on the front side of your background, both with right sides facing up.
- 7) Use different colored thread (bobbin for sure) to machine stitch your heart from the backside following your pencil lines (easy to see to remove!!!)
- 8) Sewing machine stitch length 2.25 mm or so
- 9) Use thread that matches your applique fabric for the hand appliqué sewing.